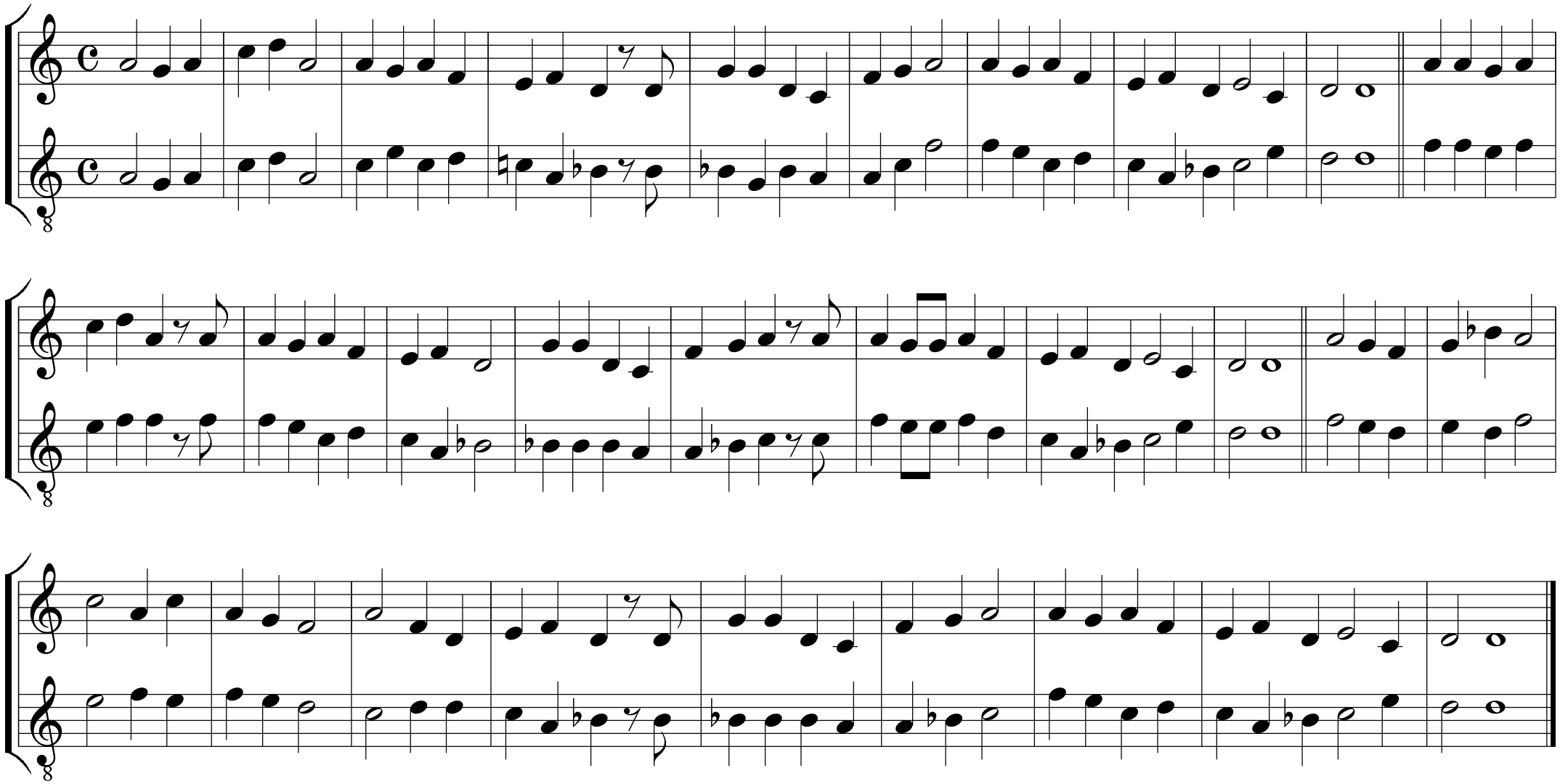Christ ist erstanden